

CURRICULUM VITAE



Name : Mr. M. KALIDASAN
Designation : Assistant Professor
Qualification : B.Sc., B.P.Ed., M.P.Ed., M.Phil.
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Teaching Experience : 4 Years

Experience:

S.No	Name of the Institution	Period of Service
1.	Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur.	22. 06. 2016 to 04. 05. 2018
2.	J.J. College of Arts and Science (Autonomous)	1. 06. 2018 to Till Date

Publications:

- **Kalidasan, M & A. S. Nageswaran** (2015). Different Trainings on Power of Sprinters. Indian Journal of Scientific Research 4, 9.
- **Kalidasan, M & A. S. Nageswaran** (2015).Effect of Different Trainings on Speed and Dribbling Performance among Intercollegiate Basketball Players. Paripex – Indian Journal of Research 4, 9.

Paper Presentation in Conference/Seminar/Workshop

S.No.	Presented/ Participated	Date & Place	Topic
1	Presented	26 August 2013, H. H. The Rahaj's College (Auto), Pudukottai (2013).	"Analysis of Core Strength on selected Physical Fitness Variables among Different Playing Football Player". (UGC Sponsored State Level Seminar).
2	Presented	26 & 27 Feb 2010. Alagappa University, Karaikudi	"Yoga and Physiotherapy for stress management". (UGC Sponsored National Level Seminar).
3	Participated	06 & 07 April 2018. Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur	"Effect of Weight Training and Plyometric Training on Anaerobic Capacity of School Kabaddi Players"
4	Participated	19 & 20 October 2012. Alagappa University, Karaikkudi	"Effect of Physical Training and yogic Practice on selected Physiological variables and Motor Ability Components among College Students"
5	Presented	3 March 2018, Sri Ganesar College of Arts & Science, Melachsvapur, Pudukottai,	"Effect of low intensity Plyometric Training Combined with low intensity Aerobic Training on Power of Athletes"
6	Participated	17 Feb 2010, Karaikudi	International Workshop on "Football"
7	Participated	4 Jan 2012, PSNA College of Engineering and Technology, Dindukal.	Two days Tamilnadu State Level Workshop on "Athletics"
8	Participated	4 & 5 Feb 2011, Alagappa University College of Physical Education, Karaikudi	Notional Workshop on "Volleyball"

Research Guidance

1. M. P.Ed Guiding : 03 Completed : 3

Awards and Achievements

- ❖ Acted as a **Chairperson** in National Conference on "**Modern Perspectives of Sports Science and Yoga for the Enhancement of Sports Performance**". Organised by Department of Physical

Education and Centre for Research in Sri Ganesar College of Arts & Science, Melachsvapur, Pudukottai, on 3 March 2018.

- ❖ Participated in **All India Inter University South Zone Competition** in Group Song, Represented to Alagappa University Cultural Team held at **Sathiyabama University**, Chennai (2012).
- ❖ Represented to Alagappa University, I Participated in **All India Inter University Ball Badminton Tournament** organized by Mangalore University in the year 2010.
- ❖ Represented to Alagappa University, I have won gold medal in Athletics (Hammer Throw) at **Tamilnadu & Puducherry Inter State Physical Education Tournament** organized by Annamalai University Chidamparam, in the year 2008 - 2009.